



PILOT LIGHT—Pilot Club of Naples

Naples Pilot Foundation, Inc. in the Florida District

Charlotte Edenfield Florida District Governor.



THE PILOT CLUB OF NAPLES & NAPLES PILOT FOUNDATION, INC., P.O. BOX 8674, NAPLES, FL 34101-8674 June 2021

"Pilot International's mission is to influence positive change in communities throughout the world. To do this, we come together in friendship and service, focusing on encouraging brain safety and health and supporting those who care for others."

[FL District vision: to serve by furthering Pilot International's humanitarian efforts through charitable, educational & research programs](#)



Cape Coral High School Anchor Club

Congratulations to Shayla Phan the Florida District Treasurer for 2021 2022.

SOCKtober: August—October The goal is 1,000 pairs of socks



NovemBARK: November-December The goal is to shower the Shelter with supplies

DecemBEAR-FeBEARary: December-February . Create a toy box in the lobby of CCHS to collect stuffed animals for Valerie's House



If you are wondering why Sue Lester is wearing a life jacket, it is to bring awareness to May as drowning prevention Month. "Wear your life Jacket to Work" day is a Safe & Healthy Children's Coalition project.



The 1st Pilot helmet fitting this year!

Mike Nelson has a new trailer designed specially for events and is perfect for helmet fittings. Thank you to the Collier County Sheriff's Office and our Pilot Club member and President Elect, Mike Nelson. We are very fortunate.

Joan Hurd, Teddy Plaisted and Sue Lester joined Mike Nelson at Eagle Lakes Park at Lely on Saturday, May 22nd. Bikes for Tykes offered bike repair and the weather was perfect.





*Pilot International
Headquarters*

PI Service Project: This year’s service project is to provide needed school supplies for students in Bibb County School District. Individuals and Clubs are asked to donate \$50 to provide school supplies for a classroom. You may certainly donate more to provide for additional classrooms if you wish. Mail your check to Pilot International and note on your check that it is for the International Service Project. Names of those donating will be listed in the Convention Program. We would like to thank Bibb County School District, Home Depot, and Pilots for participating to make this project a huge success. The very first box of supplies will be presented to Bibb County School District Superintendent Dr. Curtis L. Jones at the President’s Banquet on Saturday morning at convention. The other boxes will be stored and delivered to the school district prior to the 2021-2022 school year.

July 7—9 is Pilot International 100th Year Celebration Convention in Atlanta

There is an opportunity to see the Headquarters in Macon. Convention registration is open and hotel room booking is available at the special Pilot rate. A quality shirt with the custom logo of the Florida District embroidered is available. The goal is to have 100 Florida Pilots wearing these shirts at the Pilot International Convention. Information to order a shirt is on the District website: www.pilotflorida.org

Our friend, Eriko Kandabashi, Pilot Club of Tokyo sent these photos



DID YOU KNOW?

What about supplements that claim to improve brain health? Drugstore shelves are lined with countless vitamins and supplements that claim to support brain health, but do they actually help? Experts agree that you’re better off spending your money on nutritious whole foods instead of popping capsules.

For one, there’s a lack of regulation, which means there’s no way to know whether the supplements actually contain what’s promised on the bottle. And then there’s the lack of science to confirm that brain health supplements actually help.

“There is clear evidence that supplements and vitamins do not help **unless you have a deficiency in certain nutrients**, which happens but is rare,” says [Gill Livingston, M.D.](#), a professor of psychiatry at University College London whose research focuses on dementia prevention, intervention, and care.

The bottom line

To keep your mind sharp, focus on eating healthy, nutrient-dense foods. And remember: Diet is just *one* piece of the puzzle. Keeping up with other healthy lifestyle habits—like exercising regularly, getting enough sleep, and staying socially active—will go a long way in improving cognitive function and [reducing your risk for Alzheimer’s](#) and dementia.



**THE STRIVE FOR FIVE PROJECT IS STILL OPEN
FOR DONATIONS FOR
THE NEW
HOUSE.**



The date is set

for the ground breaking of the 5th Pilot Scholarship House. The official name of this newest house will be Malthouse –Pilot Scholarship House on the campus of Florida Gulf Coast University. If you would like to attend, call Sue Lester at 239.289.8268 to reserve your chair.

Bill & Nancy Malthouse-Pilot Scholarship House

Ceremony Program

July 13, 2021 / 9:30 AM

Shawn J. Woodin, Ed.D, President/CEO
Southern Scholarship Foundation

Rhoda Glasco Foderingham, J.D., Chair,
Southern Scholarship Foundation Board of Directors

Michael V. Martin, Ph.D., President
Florida Gulf Coast University

Melanie Beatty, Alumna,
Gresham Kite Pilot Scholarship House

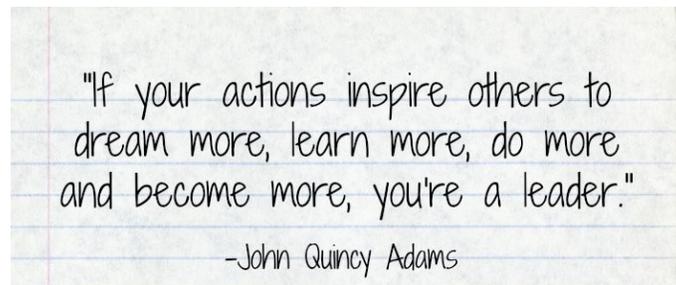
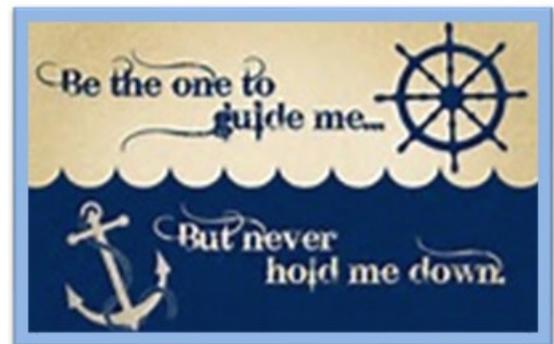
Charlotte Edenfield, Governor,
Florida District, Pilot International

Suzanne Lester, President,
Pilot Scholarship House Foundation

Danarria Stone, House Manager,
Gresham Kite Pilot Scholarship House



*Looking forward to meeting the new Cape Coral
Anchor Club Board of Directors*



From a dear friend. It is too good not to share:
*Promise me you'll always remember that you're
braver than you believe, stronger than you seem,
and smarter than you think.*

Christopher Robin

Bessie Brown is
going to Atlanta
If anyone else has
registered, please
let us know.



Giving to Pilot International's Founders Fund helps to support the ABC initiatives of Pilot:

*AnchorsYouth
Leadership Development
Brain Safety & Fitness
and
Caring for Families in
need.*



Pilot International Founders Fund was established to support the community-based work of Pilot Clubs by helping to underwrite Club service in the areas of Preparing Youth for Service, Encouraging Brain Safety & Health, and Supporting Those who Care for Others. Through the Pilot International Founders Fund, Pilot International and its local Pilot Clubs improve the lives of others through education, volunteerism, financial support and research.



Project Lifesaver is a non-profit that provides members with a program designed to protect and quickly locate individuals with cognitive disorders who are prone to wandering.

Will you be ready for some helmet fittings or fundraising or just Pilot friendship? The Pilot Club of Naples will have the opportunities. Just come to the Meeting on the 10th of June at Perkin's. Help us all to pull it together.

"Protecting Your Brain for Life"



Our Anchor Club has a plan for the puppet presentation program. Watch for great things to happen in 2021. Everything they do is outstanding. This may be refreshing for us to see their "twist" on the existing program with the Wise Old Owl and friends.



Okay, we are going to try this Again. The June Meeting of The Pilot Club of Naples will Be Thursday, **June 10th** at Perkin's on Pine Ridge Road.

We have reserved the private room and we need every member to attend. It will be a special meeting for all of us to make decisions on the coming year.

The only way out of our tragedies is to come together. Help the person next to you and create the army to get Naples back on her feet. Let no one feel forgotten.



Don't forget to stop in Culver's something delicious and say hi have another Culver's Share Night.



- This will be like starting a new club.**
- Put on your thinking caps.**
- We need to create new pick-me-ups.**
- We need plan speakers for our meetings.**
- We need to create new fund raising programs.**
- We need to create new community service events.**
- We need to create new member recruiting events.**

June Birthdays:

Kathy Hickey—28th
Nicole B Rennie—25th



June Club Anniversary
Emeritus Maria Hatcher 1976



Pat Stark.
Larry Rubin
Nicole Rennie

Information is available on our websites: www.pilotflorida.org
www.pilotinternational.org
www.PilotClubofNaples.org

We welcome articles for this newsletter: LES1612@aol.com Deadline 6/29